



@SFA

A Sesa Football Academy Newsletter





FROM THE PRESIDENT'S DESK

It gives me immense pleasure to launch the Q2 edition of SFA newsletter. Being football lovers, even though we are missing on-ground football action due to the unprecedented situation posed by the outbreak of COVID-19, at Sesa Football Academy we are continuously engaging with our players and ensuring uninterrupted grooming of the next generation football icons through various virtual training modules while strictly adhering to lockdown & social distancing guidelines.

At SFA, we are committed to contribute towards the development of Indian football through robust grassroots training programs. We strongly believe that India has tremendous untapped talent in sports, and it is just a matter of identifying the deserving talents and honing their skills through structured training programs. We already own a rich legacy of over 20 years in grassroots football training, and I am extremely happy that we could produce over 200+ professional footballers who are shining at various prestigious footballing platforms across the countries, including the Indian national team. We are constantly expanding the reach of our sports development activities across the country through various initiatives, such as Zinc Football Academy in Rajasthan and Dronacharya Archery Academy in Jharkhand, and we have further ambitious plans to expand to other states of the country.

As 'Vedanta Sports' our larger vision is to contribute towards upliftment of sports across the country by providing opportunities and developing skills of aspiring sporting talents, empowering them to achieve greater heights and bring laurels for the country. We believe sports is one amongst the best mediums to connect with the people and strengthen engagement with the communities. I urge all of you to actively participate and contribute to fulfil the vision of Vedanta Sports. Let's join hands and make a difference.

Wish you all good health and happiness. Be responsible towards safety of yourself, your family and the community at large.

-Annanya Agarwal

President – Vedanta Sports

Vedanta Sesa Football Academy Ensuring Continuous Development Of Players Through E-mentorship Program

Sesa Football Academy (SFA) continues to facilitate uninterrupted learning opportunities for player development through e-mentorship program, which was launched in April'20 amidst outbreak of COVID-19 pandemic.

SESA Football Academy organized a series of knowledge sharing sessions for academy players, with experts including renowned football players and officials from GFA & AIFF through virtual platforms.

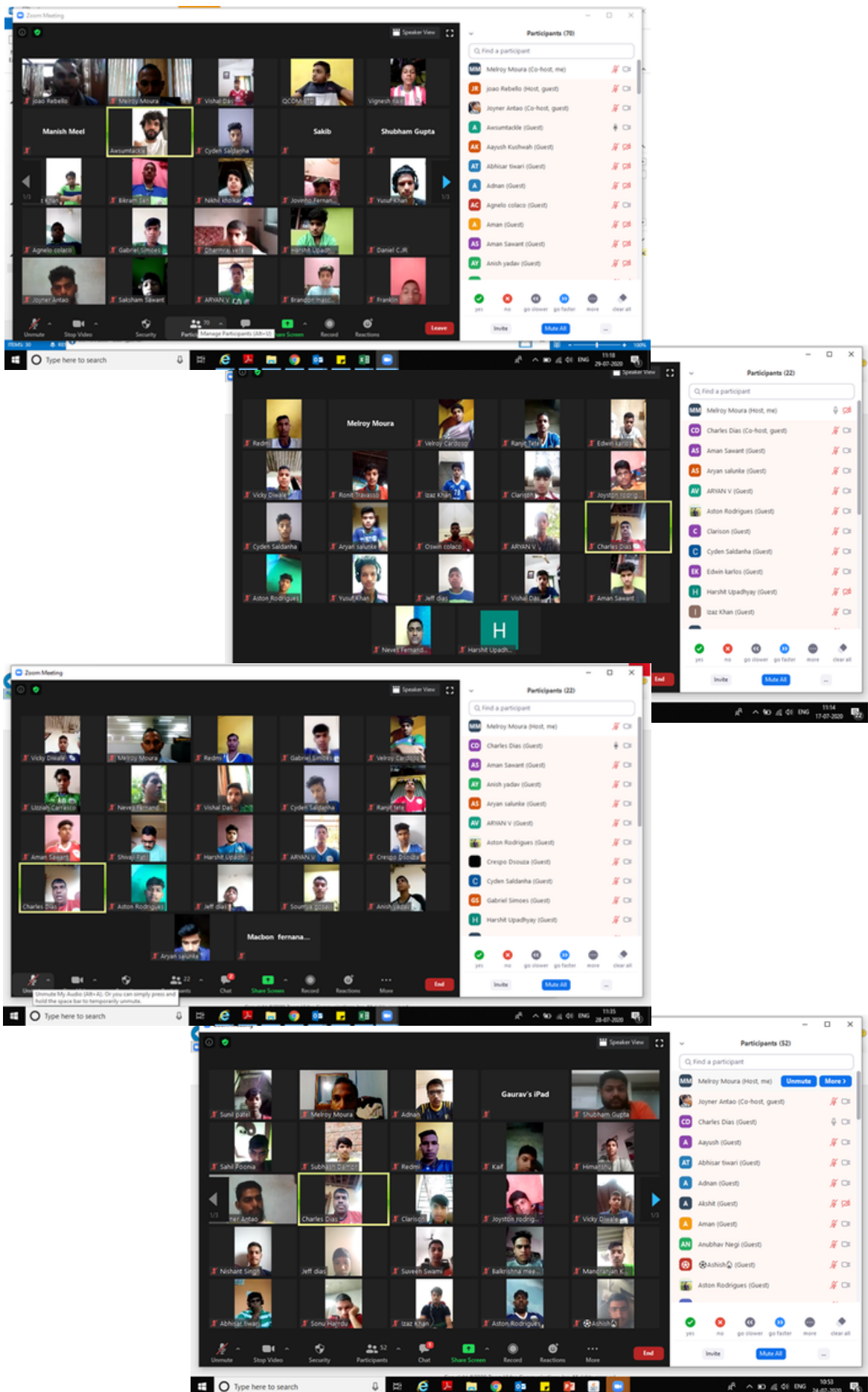
Engagement and mentoring for the academy players is extremely crucial during the lockdown period while training on the ground is at complete halt. Team SFA had worked collectively to turn around obstacles into opportunities of learning, in order to ensure the uninterrupted training for the players through virtual platforms.

In the present scenario, where practicing social distancing and following the required precautions is the mandate. SFA has worked out an alternative method of learning by using technology to its maximum potential to help the players to improve their mental and physical conditioning. These e-modules would further develop their game in the long run. The E-mentorship programs developed by the academy is one of its kind covering myriad topics ranging from life skills, time management, health, nutrition, diet, fitness and its importance in sports, football position techniques, match reports, recovery from injuries, focus on goals, alumni journey, importance of discipline, remaining focused and engaged in these difficult times.

Renowned names in the footballing arena such as footballers like Mr. Glan Martins and Mr. Raju Haldankar, who are ex SFA Almuni, AIFF instructor Mr. Prashant J Singh and general secretary of Goa Football Association- Mr. Jovito Lopes are some of the experts who were invited to conduct fruitful sessions with the boys. Apart from sessions with football professionals, the SFA Sirsaim Academy players also interacted and exchanged ideas, tips and tricks with the Zinc Football Academy players. SFA is putting constant efforts in making sure that the boys are pumped up and motivated before setting their foot back on the field. These sessions will prove to be a successful hybrid model of learning in the field of sports.



Glimpses of E-mentorship sessions



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A healthy mind and body is an essential ingredient in the game of football. I am incredibly happy to be a part of SFA's journey and glad to be contributing my knowledge with such a vibrant pool of talent. It is a delight to see the willingness of these young talents to achieve more. I would like to wish them all a very bright future.

”



Prashant J Singh
AIFF Instructor



Glan Martins
Professional Footballer & SFA Alumnus

“

My training at SFA has helped me a lot not only to develop my football skills but, also in my overall personality development. I urge all of you to put in extraordinary efforts and utilize this training period to maximum extent possible which, will definitely help you a lot in long run.

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Playing football with your feet is one thing but playing football with your heart and mind is another. Success is no accident. It is hard work, perseverance, sacrifice, determination, respect for authority and most of all, love and passion for what you are doing or learning to do. Set goal, make a plan, revisit the plan periodically, take course correction if need be, get to work, stick to it to reach a goal.

”



Jovito Lopes
General Secretary of Goa football Association

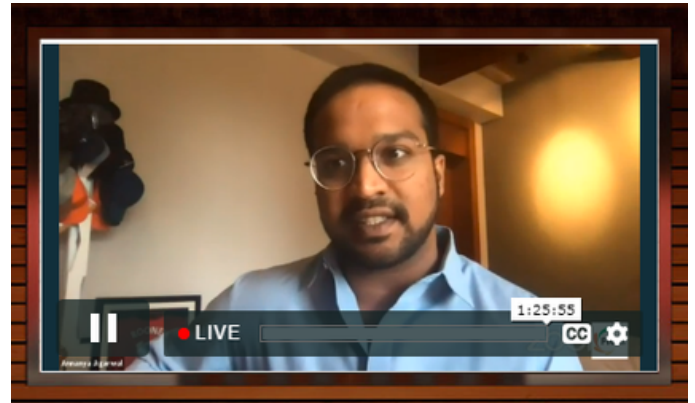
President, Vedanta Sports Reiterated The Vision Of Sports Development Across The Country During FICCI FRAMES-LEAP 2020



Addressing the forum at FICCI Frames Leap 2020 event on the topic of 'Transformation Through Sports Education' Mr. Annanya Agarwal, President, Vedanta Sports highlighted the progressive plans to expand the reach of grassroot football development program to Odisha and other parts of the country.

After the massive success of Sesa Football Academy at Goa since its inception in 1999, Vedanta recently launched Zinc Football Academy at Zawar, Rajasthan. It is further planning to reach out to aspiring footballers across the states. Vedanta has robust plans to take the grassroot football training initiatives to the next level. At the FICCI FRAMES-LEAP 2020 event Mr. Annanya Agarwal, President, Vedanta Sports announced the group's vision of positive transformation in sports through quality grassroots training programs across the country.

While speaking at the event, Mr. Annanya Agarwal said, "We are extremely happy with the huge success of our grassroots football development models at Goa and Rajasthan. We aim to continue this journey towards development of sports and contribute towards the larger goal of transforming sports in the country. Our robust community engagement plan through sports initiatives reaches out to all sections of society. Vedanta Women's League is one of its kind platform launched at Goa and we also have plans to expand it further at a national level."



He also added, "I am very happy to see the growing importance of sports in the Indian education system. Sports can indeed be transformative – the values that it helps inculcate and the teachings it can imbibe are unparalleled and is extremely beneficial for the holistic development of an individual."

Vedanta has made considerable investments focusing firmly on the development of grassroots football through the state-of-art academies in Goa and Rajasthan, in line with Vedanta's commitment to the cause of contributing towards taking Indian football to next level.

Vedanta Sesa Goa Iron Ore's Sesa Football Academy in Goa and Hindustan Zinc-run Zinc Football in Udaipur are operating successfully and churning out quality footballers.



Vedanta Women's League Prodigy- Karishma Shirvoikar

Shining At Indian Footballing Arena.

Vedanta Sesa Goa Iron Ore is consistently contributing towards the development of Football through residential Sesa Football Academies since more than 20 years, with a rich history of producing over 200+ professional footballers till date.

Vedanta's thrust to expand and in order to create opportunities for grooming of footballing talents, the concept of Vedanta Women's League was introduced for creating a platform for aspiring women footballers to hone up their skills and pursue a bright future in the arena of women's football.

Sesa Football Academy has played a major role in recognizing the need for providing a platform to women football players. Vedanta women's league prodigy, Karishma Shirvoikar is one such name, which is gaining huge popularity among the football fraternity, having made headlines for her fastest goal score within 15 seconds at the Junior Nationals.

Karishma, 'The Girl With Golden Dreams', from a small seaside village Odxel in Goa, started her stint with football at the age of 9. Her interest in football developed when she started playing football in Rosary high school as a hobby. From what just started as a hobby, taken up as a mere leisure activity in the evening, soon turned out to become a passion.

Vedanta Women's football league turned out to be one such opportunity to transform her growing love towards football into a path for making a career in sports.



After her stupendous performance at the inaugural edition of Vedanta Women's League, at the age of 15, she joined Gokulam Kerala FC and got the real essence of professional football.

In a short span of time Shirvoikar, has represented Gokulam Kerala FC in the Indian Women's League (IWL) where the team finished as champions.

Karishma, one of the few girls from Goa, was spotted when she was playing for an outstation team in the Indian Women's League representing the state at the nationals. Karishma displayed stunning performance while playing amongst some of the big names of women's football and scored 4 goals, which grabbed the eyeballs of many football experts. She represented the country at the U-17 BRICS Cup in South Africa. After her sensational performance, Karishma earned herself an offer to get trained at Palamos CF, a Spanish club.



This has proved to be a life-changing opportunity to train and possibly even win a professional contract for the professional striker.

Karishma Shirvoikar, who was also a top scorer for Vedanta women's football league has given an outstanding performance in two successive seasons of Vedanta Women's football league.

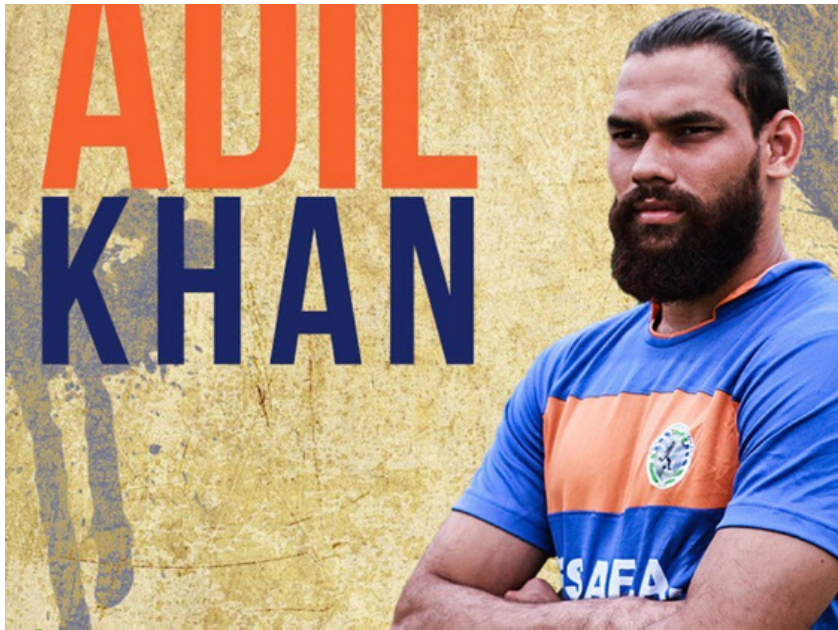
Vedanta provided Karishma a scholarship to further accelerate her footballing progression.

Karishma Shirvoikar in the dreams of making it large has set her foot in the right direction. She is truly an inspiration for all the womenfolk and younger generations to follow.

Vedanta women's football league is turning out to be a one-stop growth platform for aspiring women footballers across the state and is gaining huge popularity in the football fraternity. Vedanta has ambitious plans to expand manifold to reach out to larger population across the country.



Alumni Corner



Adil Ahmad Khan, a product of Sesa Football Academy, started his footballing journey in 2003 and achieved the dream of every aspiring footballer - representing the Indian National Football team. Adil made his international debut against Azerbaijan, playing as a midfielder in 2012. He also Scored a Goal for India in 1-1 draw against Bangladesh in the 2022 World Cup Qualifiers.

Adil joined SFA in 2003 and spent his formative years under the tutelage of experienced coaches at the residential academy. After 5 years of being groomed to accomplish great things at SFA, Adil took the first major step in his long and illustrious career by moving to Sporting Clube De Goa and represented them in I- League 2nd Division and later in I-league, for almost 5 years. After his successful stint in Goa, Adil signed for the prestigious Kolkata-based club, Mohun Bagan, in the 2013-14 season. Adil went on to make his debut in Indian football's elite tournament, the Indian Super League (ISL), in 2014 playing for Delhi Dynamos, the team made it to the semi-finals that season.

During the 2014-15 season, Adil's footballing journey took a hard hit with an unfortunate injury, forcing him to stay away from football for some time. The SFA graduate, however, had a strong desire to achieve greater success in the footballing arena and came back stronger after his recovery to represent Lonestar Kashmir in I-League 2nd Division. This was followed by short term engagements with Dempo FC and Churchill Brothers.

Adil once again appeared in the ISL in the 2017-18 season, representing FC Pune City for 2 seasons, after which he signed for Hyderabad FC for 2019-20 season. It was during this period, that he was recalled to the national team, this time but as the lynchpin of the defence.

We, at SFA, believe that the successes of our alumni are the real indicators of our relentless efforts in the development of sports for more than two decades. SFA has many such success stories to cherish, with more than 200+ proud alumni shining at prestigious platforms.

CONGRATULATIONS ON CLEARING SSC EXAM!!!



Aryan Vaigankar

Zeffrino Colaco

Macbon Fernandes

Mayban Borges

Cyden Saldanha

Aman Sawant

Crespo D'souza

Aryan Salunke

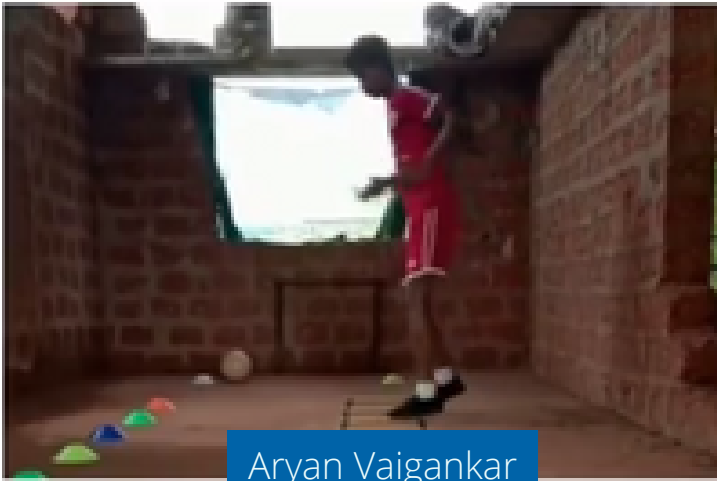
Gabriel Simoes

Harshit Upadhyay



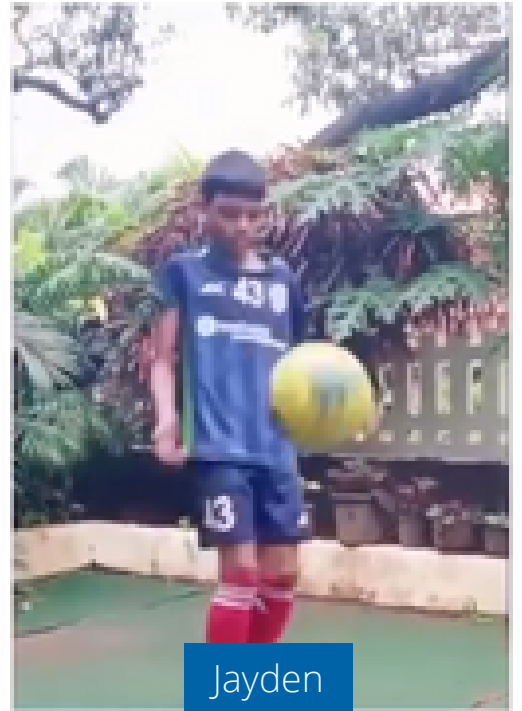
#WeSupportFitIndiaMovement

vedanta



Aryan Vaigankar

#WeSupportFitIndiaMovement



Jayden

**#SFA SKILL CHALLENGE
SHOWCASING THEIR BEST SKILLS**

#WeSupportFitIndiaMovement



Ashwell D'costa

#WeSupportFitIndiaMovement



Wayne Colaco

Sports, An Inspiration!!!

Celebrating National Sports day!!

"National Sports Day is an auspicious occasion for all athletes in India. As we celebrate the birth anniversary of the legend major Dhyan Chand through his efforts and hard work he earned the country 3 Olympic gold medals. Life is a roller coaster so was his, yet he worked towards his goal. I can relate my football journey to this. We have a lot of ups and down's but football is that motivation that keeps me going and working hard through it all. Due to the pandemic its been a negative season for all sportsmen, but let us be optimistic and use this time to get ourselves fit and even stronger than before.

"Football is hard, it's tough, it demands discipline, teaches obedience, it builds character."Football" is a metaphor for life."



Anline S Fernandes
Ambelim Sports Club, Vedanta Women's League



Astrid S Pereira
Indian Womens League, Goa 2020 &
Bidesh XI Goa Sports Club

"Wishing all sportspersons and sports lovers of the country a very happy National Sports Day. On this auspicious day, a great hockey player and a legend was born. Mr. Dyand Chand who was a true magician in his sport and he set an example to many young athletes and sportspersons of different fields. As we know this year is not a very happy year for sportsmen as the COVID has halted many sports events globally. Without any hassle or complaint lets all be optimistic and strive to exercise daily and remain fit. "Sports is all about two choices you make once you wake up in the morning either you continue to sleep with your dreams or you decide to wake up and chase them" Jaihind

"I feel every individual should part take in sports activities specially young boys and girls. It make them physically and mentally fit and will teach them life skills at an early age so that they are strong, empathetic and socialized enough to walk bravely in the society. Over all sports teaches us discipline of life. As a Football Coach I would like to thank Vedanta Sesa Goa for organising women's league and encouraging women footballers in Goa. Our girls are really fortunate to have such opportunities to play and exhibit their talent and creativity in football. Also the coaches got an opportunity to work with the upcoming talented women players."



Coach-Girija Desai Ambelim Sports Club and
Vedanta Women's League

"Sport is a very important part of my life because it has given me everything I have today, not only in terms of my career but also it has taught me some important values of life. Such as to be disciplined, to be committed towards my goals, sportsmen spirit and also help me in developing my work ethic. Sports is a vast field along with my physical development I also gained life skills, experience in dealing with tough and stressful situations and gained self confidence because of which i'm an independent woman today. Looking at such a great personality like Major Dyan Chand and what he has done for sports in India, I always got inspired and motivated to work hard for my sport. It is a proud moment to celebrate his birthday and the laurels he has brought to our country. It gives me joy and happiness to follow my passion as an Indian football player. It was a good initiative taken by Vedanta Sesa Goa for conducting Women's League in Goa, the league has helped lot of girls to showcase their talent and it gave them a platform and a sense of vision to grow as a footballer. If Sesa Vedanta continues with its initiative to help grow women's football in Goa, it will be a motivation for the all the goan players and it will definitely give a positive improvement in individual performance."



Michel Castanha, Vedanta Women's League and also played for Indian National Team



Independence Day Celebrations At SFA




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The Vedanta Football, a great CSR initiative of Annanya Agarwal

by INDIA CSR NETWORK — 2020/08/21 in CSR 3 min read



ANNANYA AGARWAL
PRESIDENT
VEDANTA FOOTBALL

With a dream to see India progress as a footballing nation to be a name to reckon with at the sub-continent, Asian and subsequently world level, Annanya Agarwal is the driving force behind

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Vedanta To Expand Grassroots Football Development Program Across The Country

Annanya Agarwal, President, Vedanta Sports reiterated the Vision of Sports Development across the country during FICCI FRAMES-LEAP 2020.



28 August, 2020

Vedanta has announced that it aims to expand the reach of grassroots football development programs to Odisha and other parts of the country. Vedanta recently launched Zinc Football Academy at Zaver, Rajasthan reaching out to aspiring footballers across the state. Annanya Agarwal, President, Vedanta Sports announced the Group's vision of positive transformation in sports through quality grassroots training programs across the country, at FICCI FRAMES-LEAP 2020.

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Vedanta to expand grassroots football Development program

Printed on August 28, 2020 by PNI Admin

By ANANNYA AGARWAL

Transformation through Sports Education



Mr. R. Vinod Krishna, IAS, Director (Joint-Additional Secretary, Dept of Sports & Youth Services, Odisha)

Mr. Ashish Mittal, Chancellor, Lovely Professional University

Mr. Ashley Fernandes, Chairman, KESB Centre of Excellence in Sports Management

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Media Coverage

Vedanta to expand Grassroots football Development program across the country

Everything Experiential, Aug 26, 2020

After the massive success of Sesa Football Academy at Goa since its inception in 1999, Vedanta aims to expand the reach of grassroots football development program to Odisha and other parts of the country. Vedanta recently launched Zinc Football Academy at Zaver, Rajasthan reaching out to aspiring footballers across the state. Annanya Agarwal, President, Vedanta Sports announced the Group's vision of positive transformation in sports through quality grassroots training programs across the country, at FICCI FRAMES-LEAP 2020.

Addressing the forum at FICCI's virtual event on "Transformation through Sports Education", Annanya Agarwal said, "We are extremely happy with the huge success of our grassroots football development models at Goa and Rajasthan. We aim to continue this journey towards development of sports and contribute towards the larger goal of transforming sports in the country. Our robust community engagement plan through sports initiatives reaches out to all sections of society. Vedanta Women's League is one of its kind platform launched at Goa, and we also have plans to expand it further as a national level." He also added "I am very happy to see the growing importance of sports in the Indian education system. Sports can indeed be transformative – the values that it helps inculcate and the teachings it can imbibe are unparalleled and is extremely beneficial for the holistic development of an individual."

Vedanta has made considerable investments focusing firmly on the development of grassroots football through the state-of-art academies in Goa and Rajasthan in line with Vedanta's commitment to the cause of contributing towards raising Indian football to next level. Vedanta Sesa Goa Iron Ore's Sesa Football Academy in Goa and Hindustan Zinc-run Zinc Football in Odisha are operating successfully and churning out quality footballers.

FICCI FRAMES-LEAP (Learn, Educate, Apply, Progress) is the world's first & largest online conference on Education and Skillings in Media & Entertainment sector, with a view to anchor discussions around formalising the Media and Entertainment curriculum in the education system & making future ready Media & Entertainment professionals.

Vedanta to expand grassroots football development program across the country

Team Herald
sports@herald-go.com

PANJIM: Vedanta launched the Zinc Football Academy at Zaver Rajasthan as it aims to expand the reach of grassroots football development program to Odisha and other parts of the country.

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"I am very happy to see the growing importance of sports in the Indian education system. Sports can indeed be transformative – the values that it helps inculcate and the teachings it can imbibe are unparalleled and is extremely beneficial for the holistic development of an individual," he added.

फुटबॉल विस्तारासाठी वेदांता देशभर कार्यरत

पणजी, दि. ३१ (वक) सेसा फुटबॉल अकादमीच्या वरिष्ठतरे वेदांता फुटबॉलच्या विकास कार्यक्रमाचा ओढा आणि देशाच्या इतर भागात विस्तार करण्याचे उद्दिष्ट ठेवले आहे.

वेदांताने मुक्तीप राजस्थानमधील फुटबॉल अकादमीची सुरुवात केली आणि राज्यभरातील फुटबॉलपटूंना भेट केली. वेदांता स्पोर्ट्सचे अध्यक्ष अनन्ना अग्रवाल यांनी एकाजावरील आय.एस.एल.सी. २०२० मध्ये देशात प्रशिक्षण कार्यक्रमांच्या माध्यमातून क्रीडा क्षेत्रात सकारात्मक कृती वाढवत कल्पनेचे आदर्शन दिले आहे. क्रीडा प्रशिक्षणाद्वारे

परिधान ३९; या विद्यार्थीवरील क्रीडाप्रज्ञा व्याख्यान व्याख्यानद्वारे भाषण करताना ते म्हणाले, गोवा आणि राजस्थानमधील फुटबॉलच्या विकासाला असाही प्रवृत्त राहिल. क्रीडा विकासाला दिशेने हा प्रवास सुरू ठेवण्याचे आम्ही उद्दिष्ट आहे. क्रीडा खेळाच्या माध्यमातून आमच्या योवना समाजातील सर्व घटकपर्यंत पोहोचेल.

वेदांता महिला लीग हे गोवामध्ये सुरू झालेले एक प्रकारचे व्याख्यान आहे आणि राष्ट्रीय पातळीवरील याचा विस्तार करण्याचा आमचा विचार आहे.

SESA FA ENSURES CONTINUOUS PLAYER'S DEVELOPMENT THROUGH E-MENTORSHIP PROGRAM

PANJIM: Vedanta's Sesa Football Academy continues to facilitate uninterrupted learning opportunities for player development through e-mentorship program launched in April.

The SFA players, coaches and support staff interacted with Prashant J Singh (lead instructor at All India Football Federation (AIFF) and founder of Thane City FC), Mr. Raju Haldankar (renowned football player), and Sarthak Dharankar (Civil Engineer, K.K.Wagh Institute of Engineering Education and Research, Nashik) through virtual platforms.

Speaking during the session, Prashant J. Singh, AIFF Lead Instructor said "A healthy mind and body is an essential ingredient in the game of football. I am incredibly happy to be a part of SFA's journey and glad to be contributing my knowledge with such a vibrant pool of talent. It is a delight to see the willingness of these young talents to achieve more. I would like to wish them all a very bright future."

During the sessions all the experts emphasized on the importance of consistent and sincere efforts and determination for achieving higher milestones. Prashant J. Singh also threw light on nutrition goals and its pivotal role in building strength and agility in the game

Training at Sesa helped me a lot: Glan

TIMES NEWS NETWORK

Panaji: Sesa Football Academy invited their former player and current ATK midfielder Glan Martins to interact with players through online platforms.

"My training at Sesa has helped me a lot not only to develop my football skills but also in my overall personality development. I urge all of you to put in extraordinary efforts and utilise this training period to maximum extent possible which will definitely help you a lot in the long run," said Glan.

The 25-year-old showed glimpses of his talent with Sporting Clube de Goa in the past and now Churchill Brothers in the I-League this season.

Sesa also invited GFA secretary Jovito Lopes who said, "Success is no accident, it is hard work, perseverance, sacrifices, determination, respect for authority and most of all love and passion for what you are doing or learning to do."

In order to support players in physical and mental conditioning during the nationwide lockdown due to the coronavirus pandemic, Sesa have developed e-learning modules for players and are also helping coaches to upgrade their computer skills.

SFA conduct E-mentorship programme for academy players

Team Herald
sports@herald-go.com

PANJIM: Sesa Football Academy (SFA) initiated series of interaction sessions for academy players with football professionals and officials from Goa through virtual platforms as part of their with E-Mentorship

SFA invited Glan Martins (Indian Professional footballer and SFA alumnus) and Jovito Lopes (General Secretary, Goa Football Association) shared their football knowledge through the virtual sessions.

The aim of the program is to provide the better exposure and ensure steady up

gradation of the academy players during present situation due to outbreak of COVID-19 pandemic.

Annanya Agarwal, President, Sesa Football Academy congratulated team for organizing this amazing program. "Our focus is on football development programs at grassroots level, to groom footballing talents across the country and nurture them into professional footballers. Even during these challenging times, the SFA team is working hard to continue the learning process through virtual platforms and ensuring strict safety measures"

Martins, Lopes guide Sesa FA trainees online

THE GOAN NETWORK

PANJIM: In continuation with mentorship programme launched in April, Sesa Football Academy (SFA) initiated a series of interaction sessions for academy players with renowned football professionals and officials from Goa through virtual platforms.

Recently, SFA invited Glan Martins (Indian professional footballer and SFA alumnus) and Jovito Lopes (General Secretary, Goa Football Association) to interact and guide the SFA players through virtual platforms during the present situation due to the outbreak of COVID-19 pandemic.

Annanya Agarwal, President - Sesa Football Academy, congratulated the team for organising the programme. "Our focus is on football development programmes at grassroots level, to groom footballing talents across the country and nurture them

into professional footballers. Even during these challenging times, the SFA team is working hard to continue the learning process through virtual platforms and ensuring strict safety measures," Agarwal said.

Speaking during the session, Martins said: "My training at SFA has helped me a lot, not only to develop my football skills but also in my overall personality development. I urge all of you to put in extraordinary efforts and utilise this training period to maximum extent possible which will definitely help you a lot in the long run."

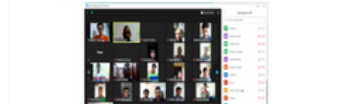
During the session, Lopes mentioned: "Playing football with your feet is one thing, but playing football with your mind and heart is another. Success is no accident, it is hard work, perseverance, sacrifice, determination, respect for authority and most of all love and passion for what you are doing or learning to do. Set a goal, make a plan, revise it the plan periodically, take course correction if need be, get to work, stick to it to reach the goal."

Thursday, 24 September 2020

Vedanta's Sesa Football Academy ensures Continuous Player's Development through e-Mentorship Program



SFA enables series of interactive sessions for academy players with experts such as Mr. Prashant J Singh, AIFF Lead Instructor, and Mr. Raju Haldankar, through virtual platforms.



New Delhi, 24th September 2020: Vedanta's Sesa Football Academy continues to facilitate uninterrupted learning opportunities for player development through e-mentorship program launched in April-20. Sesa Football Academy (SFA) organized series of knowledge sharing sessions for academy players with experts including renowned football players and officials from GFA & AIFF through virtual platforms. Recently SFA players, coaches and support staff interacted with Mr. Prashant J Singh (lead instructor at All India Football Federation (AIFF) and founder of Thane City FC), Mr. Raju Haldankar (renowned football player), and Mr. Sarthak Dharankar (Civil Engineer, K.K.Wagh Institute of Engineering Education and Research, Nashik) through virtual platforms.

The purpose of the mentorship program is to turn the current situation into learning opportunities, which will help the players in long run. The program has proved to be very effective in educating the players about nutrition, fitness, physical & mental conditioning and several other aspects which are vital for overall personality development of the players. In addition to these guest sessions, the coaches, physiotherapists and other academy support staff frequently connect with the academy players. This constant

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